





Welcome to the

American School
of The Hague





Monday Morning Networking

MMN is a Parent Teacher Organization social committee open to new and returning ASH families. We hold weekly meetings here in the ABF building. Our meetings consist of informative talks, social get togethers, and exciting excursions. We provide a place for the members of the ASH community to meet - mingle and explore the Netherlands together.



The Parent Teacher Organization (PTO) is a non-profit, volunteer, self-funding entity whose mission is to enhance the ASH experience for our students and their families.

To find out more email: pto@ash.nl



Join **ASH PTO**
on **Facebook**
and **Instagram**



The MMN Team

Co-Chairs



Caroline Giorgio

2 sons: Grade 7 & 9
Moved from Connecticut 3
years ago. Dutch favorite:
Biking everywhere



Amanda Miles

2 daughters: Grade 5 & 3
Dutch favorite: Museums
and walking trails

MMN Committee



Laurie
Fordney

Cathy
Lynch



Michelle
McCormick



Grace Choi



Gail Fornell

Jill Hartzell



Veronica
Barbon





We are here to help you settle...

Where to find things?

Shopping?

Driving?

Doctors and Healthcare?

**Your next excursion
idea?**

Public Transportation?

Biking?

Exercising?

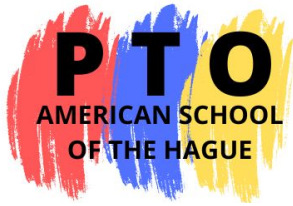
How/when to plant

Tulips?

Many of these questions we cover in upcoming meetings, so check out our calendar.

You can also email your questions to ptommn@ash.nl and we will try to steer you in the right direction!





...and to have some fun

Leiden boat tour
Keukenhof Excursion
Wine Tasting
Shopping and Eating
Excursion

Tulip Fields Bike Tour
Bulb planting
Wreath Making
Outdoor Exercise

Many of these questions we cover in upcoming meetings, so check out our calendar.

You can also email your questions to ptommn@ash.nl and we will try to steer you in the right direction!



Upcoming MMN Sessions

Currently the best ways to check what is coming up at MMN

- ASH Portal <https://www.pto.ash.nl/monday-morning-networking>
- Follow ASH PTO on Facebook/Instagram
- Sign up for the mailing list on the PTO website



NEXT FEW WEEKS

August 28	Driving, Biking and Public Transport
September 4	Healthcare in the Netherlands
September 11	Cooking, Shopping & Recycling
September 12	Langstraat Tour* <i>Tuesday Field Trip</i>
September 18	Luifelbaan Tour* <i>Monday Field Trip</i>

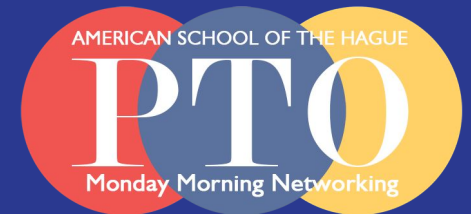




- Where you are from
- How long you have been here
- What grade your children are in

We want to get to know you...

Highlights from the Welcome pack



Groceries

- Grocery bags are not free
- Jumbo takes credit cards, Albert Heijn only cash/debit (PIN) only
- Recycle plastic/beer bottles at the supermarket to receive a cash voucher and reduce waste
- On Sundays large grocery stores are typically open; most other shops are **closed**
- **HANOS and Sligro open to the ASH community**
- **Local specialist food stores have great quality and the freshest food**

JUMBO



Getting around

Parking in town:

- **Blue line** requires the clock (set it to nearest half-hour after time you've arrived)
- Parking is 30 min or 2 hours so pay attention to signposts
- Parking lot under Jumbo closes and locks at 11 PM. You will be locked in.

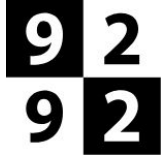


Driver's license:

- Website is in the packet- different rules for different countries!

Useful Resources

Technology:



- 9292 App - Public Transportation planner



- Facebook:
 - *Friends of Wassenaar*
 - *ASH PTO*



- Google Translate (Install the Chrome extension!)

KEY INFORMATION

School:

- Situation Updates
 - Email or Text
 - ASH Portal <http://www.ash.nl>
 - ASH App
- Cashless cafeteria



After school sports

ABF Sports Club

Independent non-profit, offering after school sports activities to our community. Run by ASH parents/volunteers.

Sign up now for fall sports: www.ABFSport.nl

Local Gyms: **N-Joy, Aerofit, NEXXT**

Local Yoga Studios: **Art of Balance, Innersense Ayurveda & Yoga, Delight Yoga Den Haag**

Local sports clubs

Choice of many local sports clubs for Tennis, Voetbal, Hockey, Golf, etc



ASH Athletic Booster Club



Building Community with Volunteers

- ⚽ What is Booster Club? Parent volunteer organization; Supports athletes & athletic community
- ⚾ How support athletes? Game/Tournament concessions, New student travel bag (HS) & cinch bags (MS), Team EOS parties, Senior EOY T-shirts
- 🏀 Goals: Water bottle filler in gym; Volleyball server; Tournament athletic trainers; Bulk-order athlete warm-up sport shirts
- 🚩 Fundraisers: Game/Tournament concessions, Tri-annual hoodies, EOY Booster BBQ
- 🏐 What can you do? Volunteer for Game/Tournament concession sales & food prep; Be BCofficer (Secretary, Treasurer, Hoodie coordinator, Concession manager)



The image features a light blue background with a central, jagged, 3D hole that resembles a crack in ice. The hole is dark blue and has a depth effect, with the edges of the hole appearing as raised, light blue blocks. Inside this hole, the words "BREAK THE ICE" are written in a bold, white, sans-serif font. "BREAK" is on the top line, "THE" is on the bottom left, and "ICE" is on the bottom right. The text has a slight 3D effect, appearing to sit on the surface of the hole. The overall style is clean and modern, with a focus on geometric shapes and a cool color palette.

**BREAK
THE ICE**

Thank You!!!!



MMN Schedule





MMN Committee



Laurie Fordney

xxx



Cathy Lynch

I am originally from NJ. We moved to NL 2 years ago. I enjoy traveling, spending time with my family, playing games and meeting people



Grace Choi

xxx