



# Living Abroad

## THIS GLOBAL NOMAD LIFE

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### Resources

1. *Ted Talk Grit & Growth Mindset*: <https://www.youtube.com/watch?v=H14bBuluwB8>
2. *VWB and SEARCH*: <https://www.leawaters.com/visible-wellbeing>
3. *Positive Intelligence (PQ)* <https://www.positiveintelligence.com> and <https://www.youtube.com/watch?v=64OsLjvDxj4&t=1053s>
4. *LifeQuakes*: <https://www.youtube.com/watch?v=ICxYOe54Zx4>

### Articles & Books

1. "Raising Global Nomads" by Robin Pascoe
2. "Turning International" by Catherine Transler, PhD
3. "This Messy Mobile Life" by Mariam Navaid Ottimofiore
4. "A Great Move: Surviving and Thriving in an International Assignment" by Katia Vlachos
5. "Resilience and the Internationally Mobile Family" by Nicoll and Pelonis
6. "Positive Intelligence" by Shirzad Chamine
7. "Mindset" by Carol Dweck, updated 2017
8. "Permission To Feel" by Marc Brackett <https://www.marcbrackett.com>
9. "Third Culture Kids" by Ruth Van Reken
10. "Holding The Fort Abroad" by Rhoda Bangerter
11. "Life is in The Transition" by Bruce Feiler
12. "The Human Touch" <https://www.fidifocus.org/special-features/the-human-touch/>
13. EY 2013 Survey on Global Mobility [https://www.careersinafrica.com/fx/london-africa-2014-conference/9\\_ey-global-mobility-effectiveness-survey-2013.pdf](https://www.careersinafrica.com/fx/london-africa-2014-conference/9_ey-global-mobility-effectiveness-survey-2013.pdf)